



Template - Your Story

Teens Unite is dedicated to serving teenagers and young people with a life limiting illness. In order for the work that we do to be understood by the people who donate money and goods to us, we want to tell them YOUR story this will allow our supporters to see exactly what Teens Unite offers young people.

We realise that you have been through a lot and may have found particular things very difficult, for example, being in Hospital for a long time, the treatment you have received. We want to try and capture the effect that being ill has had on you, for example, loss of confidence, feelings of being alone, feeling angry, frustrated etc and with your permission we would like to publish your story.

Below is a draft of the issues that you could cover, you can of course write your story your way.

Introduction

Who you are, how old you are and your family background, your likes and dislikes and any hobbies that you may have. It would also be useful to have your illness and any treatment you are having or have had in this section.

Feelings

How it feels to be you, you can include how you felt before, during and after your illness if you wish. You can include any side effects that the treatment has caused. If you wish to go into more detail you can include how you feel physically- for example do you have any pain? Emotionally- (for example) does the treatment make you anxious, angry or very tired; again you can say how you really feel here.

Teens Unite

How Teens Unite has helped you now and how you think they can help you in the future with planned events, for example how does it feel to know that there are others in a similar situation and that you are not alone.

We look forward to receiving **YOUR** story and remember you can write it **YOUR** way!